

# Effect Size Estimates

**Study Identifier: Gladd & Knowitt 2005**

**Assessment Details: TFT versus CBT**

**Measurement Device: BDI**

Mean Group 1: 22.5  
Standard Deviation 1: 9.1  
Subject Numbers 1: 22

Mean Group 2: 14  
Standard Deviation 2: 8.9  
Subject Numbers 2: 21

Standard deviation used to compute Cohen's d: 9.00056  
Cohen's d effect size: 0.94439  
Which lies between 0.41536 and 1.47341 with 90% confidence.

Cohen's d effect size with Hedges Adjustment: 0.927  
Which lies between 0.39894 and 1.45507 with 90% confidence.

Hedges' Pooled Standard Deviation: 9.00299  
Hedges' g effect size: 0.92675  
Which lies between 0.39871 and 1.4548 with 90% confidence.

## Statistical Significance Estimates

Total Number Of Subjects: 43  
Mean Difference: 8.5  
Standard Error Of The Difference: 2.74663  
Degrees of Freedom: 41  
t-test Statistic: 3.0947; 2 tailed p = 0.00354; 1 tailed p = 0.00177  
z-test Statistic: 3.09634; 2 tailed p = 0.00196; 1 tailed p = 0.00098

## A Priori Power Analysis

**Effect Size Entered Into Equation: 0.94439**

Number of subjects required PER GROUP:

One Tailed Analysis - Power = 0.8  
95% Confidence: 14  
99% Confidence: 23

One Tailed Analysis - Power = 0.9  
95% Confidence: 20  
99% Confidence: 30

Two Tailed Analysis - Power = 0.8  
95% Confidence: 18  
99% Confidence: 27

Two Tailed Analysis - Power = 0.9  
95% Confidence: 24  
99% Confidence: 34